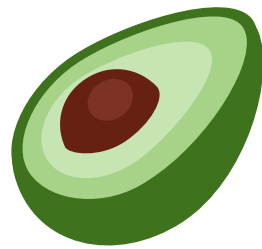


MODULE 6

my THRIVING TEMPLE



LESSON 4 WORKSHEET

SPIRITUAL NOURISHMENT

**Meditation is to reading as chewing
is to food**

1. List four points to feeding your soul

a. -----

b.-----

c.-----

d.-----

**2 List 5 tips to sustaining your spiritual
nurishment**

a. -----

b. -----

c. -----

d. -----

